



POL MONEN

- Actor -

ARTISTIC TRAINING

- Contemporary Drama Summer School at the Royal Academy of Dramatic Arts (RADA).
- Advanced Improvisation at the Royal Academy of Dramatic Arts (RADA).
- Improvisation Level II at Guildhall School of Music and Drama (London).
- Seminar for professionals. Juan Carlos Corazza.
- Training at the Juan Carlos Corazza Studio for the actor for four years.
- Yat Malgrem Technique Seminars. Giles Foreman.
- Voice Classes - Beatriz Peña (RESAD).

PROFESSIONAL EXPERIENCE

FILMS

- "ELS DE SAU". Dir.: Elisabet Terri. Prod. por Imminent, Arlong y TV3. 2025
- "¿LA NOVIA DE AMÉRICA?". Alfonso Albacete 2021
- "¿CON QUIÉN VIAJAS?". Dir. Martín Cuervo. 2020
- "EL PRACTICANTE". Dir. Carles Torras. Netflix. 2019
- "¿A QUIÉN TE LLEVARÍAS A UNA ISLA DESIERTA?". Dir. Jota Linares Prod. Netflix y La Canica Films. 2019.
- "TU HIJO" Dir. Miguel Ángel Vivas Prod. Apache Films, Netflix. 2018
- "AMAR" Dir. Esteban Crespo. 2016
- LOS NIÑOS SALVAJES". Dir. Patricia Ferreira. 2012.
- ELISA K". Dir. Judith Colell y Jordi Cadena. 2010.

TELEVISION

- "CITAS BARCELONA". Prime Video. 2023.
- "ALMA". Netflix. 2020.
- "EGO". La Caña Brothers. 2020.
- "CAMPAMENTO ALBANTA". Lucky Road Productions. Atresplayer. 2019.
- "LA REINA DEL SUR" Prod. NBC Telemundo / Netflix. 2018.
- "BAJO LA RED". Dir. Alberto Utrera. Prod. Isla Audiovisual, TVE (Playz). 2018.
- "VIVIR SIN PERMISO" Dir. Marc Vigil. Prod. Mediaset, Alea Media. 2018.
- "NIT&DÍA" Dir. Manuel Huerga / Oriol Paulo. TV3. 2015.
- "ISABEL". Prod. Diagonal TV. TVE. 2013.



- "THE AVATARS". Prod. Boomerang. 2013.
- "EL ASESINO DEL PARKING". Tvmovie Dir. Isidro Ortiz. 2006.

THEATER

- "CUENTO DE INVIERNO". Dir. Juan Carlos Corazza. Zafra Space. 2025
- "LA CASA DEL DOLOR". Dir. Víctor Sánchez Rodríguez. National Theatre of Catalonia. 2022

AWARDS

- Order of Toledo Award 2019 as a young promise of Spanish Cinema.
- "Un Futuro de Cine" Award. Festival Internacional de Cine Valencia by "¿A quién te llevarías a una isla desierta?". 2019.
- Nomination Goya's Award as Best New Actor by "Amar". 2018.
- Nomination Medallas CEC's Award as Best New Actor. (Círculo de Escritores Cinematográficos) for "Amar". 2018.

SKILLS

- Guitar.
- Classical ballet.
- Contemporary dance.
- Boxing.
- Swimming.

LANGUAGES

- Spanish (native).
- Catalan (native)
- English (fluent)
- Hebrew Modern.

LINKS

- IMDb: <https://www.imdb.com/name/nm2968673/>
- Facebook: <https://www.facebook.com/polmonen/>
- Instagram: <https://www.instagram.com/polmonen/>
- X: <https://twitter.com/polmonen>