

## MARIA DE SÁ

- Actress -

### TRAINING

- "MEISNER TECHNIQUE WORKSHOP". With Anthony Montes, Hollywood. 2017.
- "NEW YORK FILM ACADEMY" Bachelor in Acting. Los Angeles. 2013-2016.
- "SHAKESPEARE WORKSHOP". Jackie Palmer Stage School, 2013.
- "TRING PARK SCHOOL FOR THE PERFORMING ARTS" – England , 2010-2012.

### PROFESSIONAL EXPERIENCE

#### FILM

- "IDADE DA PEDRA" Dir. Gonçalo Oliveira. Lanterna de Pedra Filmes. 2024.
- "APREÇO".Dir. João Oliveira. Opposite Records. 2024.
- "LOVELY DARK AND DEEP". Dir. Teresa Sutherland. Woodhead Creative. 2023.
- "THE INFERNAL MACHINE". Dir. Andrew Hunt. Paramount Pictures. 2022.

#### TELEVISION

- "A ESPIA" S2. Dir. João Maia and Laura Seixas. Ukbar Filmes and RTP. 2024.
- "PRISMA". Dir. Sónia Balacó & Zé Bernardino. RTP. 2024.
- "DESASSOSSEGO". Dir. Cátia Silva. RTP. 2024.

#### THEATRE

- "PIZZA MAN". Hudson Theatre, LA. 2016.
- "STRANGER IN YOURSELF". Hudson Theatre, LA. 2016.
- "SUNDAY ON THE ROCKS". ACME, Hollywood. 2015.
- "KEY EXCHANGE". Victory Theatre, Burbank, CA. 2015.
- "TWO ROOMS". ACME, Hollywood. 2014.
- "12 ANGRY MEN". Markova Theatre, London. 2012.
- "JACK AND THE CATALYSTS". TIE Performance, Tring. 2011.

## SHORTFILMS

- "ALMA" Dir. Maurício Valentino Borges. Maré Filmes. 2024
- "RÓTULOS". Dir. Isabel Fernandes. 2023.
- "PUNCH". Dir. Hannah Jopling & Thomas Abrahamsen. 2022.
- "MOLÉSTIAS DA VIDA VELHA". Dir. Alexandra Neves. 2021.
- "MATRIOSKA". Dir. Joana Correia Pinto. Entrecenas. 2021.
- "TENHO MEDO DO MEDO". Dir. Cátia Silva. GrandMocho Films. 2020.
- "NEW BIRD". Dir. Karolina Jasinska. 2020.
- "ABROAD ALONE". Dir. Fábio A. C. Santos. FacS Studios. 2019.
- "AFTERMATH". Dir. Samantha Prevost. Pink Mango Films. 2018.
- "IDÉE FIXE". Dir. Nidheya Suresh. NSAW Productions. 2018.
- "AT NOON CAFÉ". Dir. Diego Barragan. 2018.
- "PARTY ANIMALS". Dir. Ricardo Cruz. 2018.
- "MONOMANIA" Dir. Nick J Cunha. Pink Mango Films. 2017.
- "TWIN'S TERROR" Dir. Hector Pasillas. Pasillas Productions. 2017.
- "JOHNY PERNA'S BIG NIGHT" Dir. Mathew Toronto. 2016.
- "BREATHE" Dir. Ricardo Cruz. 2016.

## AWARDS

- Winner, Most promising young Actress, BRAGACINE. 2021.
- Winner, Best Actress, Top Indie Film Awards. 2018.
- Winner, Best Actress, Actors Awards Los Angeles. 2017.
- Winner, Best Actress, Festigious International Film Festival. 2017.
- Nomination, Best Actress, Oniros Film Awards. 2018.
- Nomination, Best Actress, Top Indie Film Awards. 2017.

## LANGUAGES

- Portuguese (native)
- English (bilingüal)
- Spanish
- French
- Standard american accent

## SKILLS

- Dance: Classical ballet, contemporary and tap
- Piano
- Sports: swimming and pilates

- Stage combat

## LINKS

- IMDb: <https://www.imdb.com/name/nm7601837/>
- Instagram: [https://www.instagram.com/\\_mariadesa\\_/](https://www.instagram.com/_mariadesa_/)