

# **SILVIA NAVAL**

#### - Actress -

#### **TRAINING**

- "Acting on Camera", by Javier Taboada, at LAPU-LAPU Estudio, 2020.
- "The Actor on Action & Crime" workshop, by Chema García, 2020.
- Graduate with BA Hons Acting, by Institute of the Arts Barcelona (Liverpool John Moores University).
- "The Actor's Voice" workshop, by Kate Firth, 2019.
- "Meisner" workshop, by Vipin Sharma, 2018.
- "Viewpoint" workshop, by Kellie Hughes, 2018.
- "Acting through sense memory", by Cosmin Chivu, 2017.
- "Acting style of Hull Truck Theatre", by John & Jane Godber, 2017.
- "Performing Arts" studies, at Auditorio de Tenerife, 2012 2016.
- "Drama" studies, at Escuela de Actores de Canarias (EAC), 2010 2014.

### PROFESSIONAL EXPERIENCE

#### THEATRE

- "DANTON 1794". Dir. Gonzalo Gómez. Alquimistas Producciones. 2020
- "MENTIRAS AMARILLAS". Identidades Teatro. 2019.
- "ALICE IN WONDERLAND", devising project lead by Valentina Ricci, 2019.
- "OH, WHAT A LOVELY WAR!", musical directed by Michael Howcroft, 2019.
- "13", Dir. Rob Watt, 2018.
- "THE SEAGULL", Dir. Drew Mulligan, 2018.
- "PAINS OF YOUTH", Dir. Jonny Floyd, 2018.
- "ANTIGONE", Dir. Sophie James, 2018.
- "KING LEAR", Dir. Drew Mulligan, 2017.
- "MUSICAL.IES", Dir. Roxana Schmunk, 2012 2016.

#### **SHORTFILMS**

- "EL DOPPELGÄNGER", Dir. Miquel Sierra, 2019.
- "LA LADRONA", Dir. Rob Miquel Sierra, 2019.
- "CACAO", Dir. Joan Casasolas, 2018.



# **SKILLS**

- Native Spanish (canarian, neutral and andaluz accents).
- Bilingual English (RP, American and Cockney accents).
- Medium level French, written and spoken.
- Beginner level LSE (Spanish sign language).
- Armed combat.
- Singing.
- Choir singing.
- Dance (contemporary, social dance, cabaret and jazz).
- Volleyball.
- Basketball.
- Driving license.

## **OFFICIAL LINKS**

- Website: <a href="https://silvianaval.com/">https://silvianaval.com/</a>
- Vimeo: https://vimeo.com/user89225595
- Instagram: <a href="https://www.instagram.com/silvianaval/">https://www.instagram.com/silvianaval/</a>